

# The Broad Street Family Newsletter

January 2024



## Important Dates:

- 1-No School
- 2-return from Holiday Recess
- 10-PTO Meeting (6:30PM Teacher's Lounge)
- 15-Martin Luther King, Jr. Day -No School
- 23- Election Day- No School
- 25-PTO Game Night (6:15-7:30PM- Cafe)



## The Principal's News

Dear Broad Street Families,

I hope you enjoyed quality time with your loved ones as we said goodbye to 2023! As we step into the New Year, I encourage you to delve into a concept frequently discussed at Broad Street: "Growth Mindset."

Essentially, there are two prevailing mindsets: fixed and growth. A fixed mindset assumes that abilities are innate and unchangeable, often attributing success solely to talent and intelligence, dismissing the need for effort.

Our goal is to nurture a growth mindset in our students. Embracing a growth mindset involves recognizing that intelligence and talents can be cultivated over time. It is the belief in the capacity for personal and intellectual development.

We understand that intelligence and abilities flourish through tackling challenges, employing effective strategies, and persisting through difficulties. A growth mindset is the understanding that improvement comes with practice.

Instilling the right mindset early on is crucial for a successful and fulfilling life. When children comprehend that effort and strategic approaches lead to improvement, they feel empowered and become more resilient. The awareness that their brains are adaptable fosters confidence and a fearlessness in facing setbacks.

At Broad Street, our staff champions the "power of yet." "Yet" is a simple yet potent word. Consider common statements a child might make:

- "I can't ride a bike."
- "I can't do long division."
- "I can't write an essay."

Our response at Broad Street is swift:

- "You can't ride a bike, yet."
- "You can't do long division, yet."
- "You can't write an essay, yet."

The inclusion of "yet" instills hope and ignites a "can-do" attitude. However, it's crucial to note that simply adding "yet" isn't enough. We diligently guide children to embrace patience, learn from mistakes in a secure environment, and cultivate perseverance. The emphasis is not on how many times they stumble but on their determination to rise again. We are all on a learning journey, and giving up is not an option.

Teaching children the power of "yet" can have a profound impact. So, let's start incorporating "yet" when child expresses doubt, and witness their growth this year!

Warm regards,  
John Forrest, Principal  
[forrestj@nashua.edu](mailto:forrestj@nashua.edu)

**Important Reminders:**

**For Your Child's Safety Please Report your child's absences.**

Please call (603) 966-1880 on our phone line from 3:30 PM to 7:30AM, there is a voicemail option if you call before/after hours. If your child is going to be absent, please give us a call. If we do not hear from you, you will receive a call from us and Blackboard Connect, an automated messaging system. This system calls your home phone so it's very important to call your child in or check your home messages. Remember this is for your child's safety.

**Planet Aid Bin-**

Broad Street is home to the Yellow Planet Aid Bin for clothing and shoe donations. The bin is located on the left side of the school as you face the main entrance. Your donations benefit the students and special programs at Broad Street. For more information about Planet Aid, please visit their website:

<https://www.planetaid.org/>

**Afterschool procedures – Written notes**

If your child will be deviating from their normal after school procedure, please send a note to the teacher that morning. We appreciate a written note rather than a phone call to ensure that we are keeping your child safe by following your family plans. Thank you!

## **The Nurse's News**

**Flu season has arrived, and there are some things we all can do to protect our-selves and our families.**

**Vaccinate-** everyone 6 mos of age and older should get vaccinated against the flu. Flu vaccine is now available. Call your doctor's office to schedule your appointment.

**Stop germs-** Wash your hands frequently with soap and water or alcohol based hand sanitizer if soap and water are not available. Cover your nose and mouth when you cough and sneeze and throw tissues in the trash. **If your child is ill, PLEASE KEEP THEM HOME until they are fever free for 24 hours without medication.**

**Know the Flu symptoms-** Fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may also experience vomiting and diarrhea and it is possible to have respiratory symptoms without a fever. Call your doctor with any questions especially if symptoms worsen.

**Health requirements for Kindergarten Registration SY 2024-2025**

1. An updated copy of immunizations (required for registration)
2. A physical examination dated on or after 9/1/23 or proof of a doctor's appointment to have a physical examination.

**As always, please feel free to call or email me with any questions or concerns at:**

[johnsonl@nashua.edu](mailto:johnsonl@nashua.edu)

**Laureen Johnson, RN**

**(603) 966-1885**



## **PTO News**

*Happy New Year!*

We hope that you all enjoyed the holiday break with rest, relaxation, and time together with your family. The PTO was happy for the break, but we are also very excited for the new year and all the fun events we have planned for our students, families, and staff.

This month we have our PTO meeting on Wednesday the 10<sup>th</sup> at 6:30PM in the teacher's lounge, another Buddy's Family Night on Thursday the 25<sup>th</sup>, and we will have our first Penny Wars fundraiser. Save your change and send it in with your student so they can add it to their grade level jug and try to earn themselves a pizza party for the most money raised! Just remember, we are collecting change only!

We hope all your New Year wishes come true and 2024 is your Best year yet!

The Broad Street PTO

